

*Jillian Aurora*



GODDESS LLC | JILLIANAURORA.COM





# ABOUT JILLIAN:

**JILLIAN'S PASSION IS LEADING WOMEN TO HEAL THEMSELVES OF SELF BETRAYAL AND CODEPENDENCY, AND TO RECLAIM AUTHORITY OVER THEIR OWN LIVES, ONE COURSE, WORKSHOP, RETREAT, AND BOOK AT A TIME.**

Jillian is a women's self worth group facilitator as well as a family mediator who practices in Boise, Idaho. Jillian has 13 years of experience working in the mental health field and has her bachelors in criminal justice, with a minor in psychology. Jillian's primary passion is facilitating support groups and courses to women through her practice at Goddess LLC, where she specializes in empowerment and self-worth. Jillian has served on the Idaho Mediation Association board for

three years and has served as the interim Vice President for one year. Jillian is a member of the Association of Family and Conciliation Courts, the Idaho State Bar, the National Coalition Against Domestic Violence, and Soroptimist International.

Jillian is a survivor of severe religious trauma, domestic violence, financial abuse, and sexual abuse. Jillian spent over a decade deconstructing the programming that made her vulnerable to repeated relationship abuse and codependent relationships, including 10+ years in AlAnon, counseling, and personal coaching.

Jillian was a "silent sufferer" - meaning she was not an easily identifiable case of domestic violence. As a college graduate and successful refugee specialist/case manager, and married to a detective, Jillian flew under the radar of everyone close to her. No one knew the anger, unpredictability, and danger, erupting at home. After six years of suffering in silence, the danger finally escalated to the intolerable and Jillian broke free. Jillian has since spent years learning, studying, and deconstructing all of the factors that made her so vulnerable to abuse and so willing to stay for more. It is now her life's passion to pass the baton to other women, as they break free and fully embody their own sacred power.

Jillian's style is cerebral, straightforward, and intuitive. As an Atheopagan, Jillian comes from a secular perspective, with a high value for rituals, rites of passage, and spiritual connection with others. Jillian places emphasis on self trust, intuition, personal authority, discernment, and loyalty to personal values and standards. Women who have a history of religious trauma and/or serious people pleasing patterns are an ideal fit for Jillian's work.





## JILLIAN'S SIGNATURE PROGRAMS:



**A FREE SUPPORT GROUP FOR WOMEN  
RECOVERING FROM THE  
EXPECTATION TO BE THE ULTIMATE  
GOOD GIRL**

## JILLIAN'S WORKSHOPS:

**INDEPENDENT STUDY,  
LOW COST WORKSHOPS**

### **The Long Walk to Freedom**

- A step by step how to manual, addressing many of the barriers faced when leaving abusive relationships

### **Reclaim Your Salvation**

- Explores the connection between religion and abusive/exploitive relationships

### **Becoming an Empowered Partner**

- A new and thought provoking way to look at building healthy relationships

### **Discerning Truth**

- Explores cognitive bias and logical fallacies in order to empower critical thinking and DISCERNMENT

### **How to Spot a Predator**

- A breakdown of common predatory tactics and simple strategies to avoid them



**A COURSE AND RETREAT DEDICATED  
TO THE RECLAMATION OF PERSONAL  
AUTHORITY AND THE  
DECONSTRUCTION OF ALL BELIEF  
SYSTEMS USED TO DOMINATE AND  
CONTROL**



**A COURSE AND RETREAT DEDICATED  
TO THE EXPLORATION OF THE  
HISTORICAL CONTEXT OF HIERARCHY  
AND FEMALE SUPPRESSION**



**Jillian is one of those intense people that can't help but have thought provoking conversations. She is a perfect choice for a conference speaker, podcast guest, or workshop host if you aren't scared off by the controversial and progressive. Jillian is both delightful and engaging, rebellious and bold.**

## AUDIENCE:

### WHO FOLLOWS JILLIAN?

*Jillian's Followers are 92% women.*

*84% are 25-50 years old.*

*They seek the courage to reclaim themselves after many years of conditioning to be accommodating and "pleasing".*

*They interact the most with content that challenges long held programmed belief systems and ideologies, that have limited them and kept them stuck.*

## TOPICS:

- Reclaiming Personal Authority in a World of Obedience
- From Good Girl to Goddess
- Deconstructing from "Woo"
- Preventing Re-Victimization
- Creating Consent Culture
- How to Spot Spiritual and Sexual Predators
- Religion and Gender Violence
- Discernment: The Most Undervalued Skill
- Rethinking Marriage
- Transactional Love vs Partnership
- Challenging Personal Bias







# HOW TO BOOK:

All events and collaboration requests are reviewed on a first come, first serve basis. Jillian reserves the right to deny any collaboration request.

Please allow 2-4 business days for a reply.

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